

Champions for Difference



The Champions for Difference Programme is CPD-certified training expertly designed to develop confident, informed Champions who can drive meaningful cultural change across workplaces and communities.

Turning Inclusion Into Everyday Practice

Many organisations and communities are facing similar challenges:

- Inclusion values not translating into daily experience
- Rising neurodiversity awareness, but low confidence in how to respond
- Communication breakdowns, stress and disengagement
- Managers and teams are unsure how to support different needs
- Too much responsibility sitting with HR or EDI teams alone

Champions for Difference was created to address these issues and move from awareness to sustained inclusive practice.



The programme has strengthened my ability to contribute to environments where people feel valued, understood, and included.



I'm more mindful of creating psychological safety... encouraging openness, listening without judgement.



Delivered over six interactive 2.5-hour sessions (online or in-person), the programme blends lived experience, evidence-informed practice and practical strategy to move beyond awareness into action.

Key Topics

- Exploring Difference and Identity
- Psychological Safety and Belonging
- Neurodiversity and Inclusive Practice
- Equity and Intersectionality
- Trauma-Informed Communication
- Inclusive Language and Leadership
- Designing Sustainable Change

Participants Gain:

- Practical tools for inclusive practice
- Greater confidence supporting neurodivergent individuals
- Stronger communication and leadership skills
- The ability to influence positive cultural change

Written and delivered by Liz Day, Founder of Collectively Diverse CIC and an experienced neuroinclusion specialist combining professional expertise, lived experience and evidence-informed practice to create engaging, psychologically safe learning environments.



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