

Neuroinclusion Training



What is Neuroinclusion?

Neuroinclusion refers to environments where people with different ways of thinking, learning and communicating (including ADHD, autism, dyslexia, dyspraxia and Tourette's) feel understood, supported and able to thrive.

Are You Experiencing...

- Retention, attendance and wellbeing concerns?
- Communication breakdowns and misunderstandings?
- Inclusion strategies that do not translate into everyday practice?
- Increased stress, burnout and disengagement?
- Managers lacking confidence to support neurodivergent staff or customers?

This training will unlock the strengths, talent and potential already within your organisation.

Our Solutions For You

Practical, evidence-informed training designed to help organisations create psychologically safe, inclusive environments where people can perform at their best.

- 2-Hour Introduction Session: Practical awareness and confidence-building for teams and leaders
- Full-day Neuroinclusion Workshop: Deep-dive training including communication, leadership, reasonable adjustments, wellbeing and culture
- Bespoke Programmes: Tailored training pathways, leadership sessions, consultancy support which can be delivered alongside the CPD-certified Champions for Difference Programme and First Aid in Mental Health training.

Written and delivered by Liz Day, this training combines professional expertise, lived experience and evidence-informed practice to create meaningful, practical and psychologically safe learning experiences.

“Nothing beats a learning process which is rooted in the personal experience of the tutor. Liz weaved in her own journey as a neurodivergent individual with great effect, and her light touch approach created a relaxed and receptive environment.”



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